

F.A.S.T. Warning Signs

Recognize a stroke quickly. Acting fast saves lives.

F — Face Drooping

Does one side of the face droop or feel numb? Ask the person to smile and check if it's uneven.

A — Arm Weakness

Is one arm weak or numb? Ask the person to raise both arms and see if one drifts downward.

S — Speech Difficulty

Is speech slurred or hard to understand? Ask them to repeat a simple sentence.

T — Time to Call 911

If you see any of these signs, call emergency services immediately. Note the time symptoms started.

Remember

Even if symptoms come and go, don't wait. Every second counts when treating a stroke.